



## Bonshommes' Way, GR107

- ✓ Average level, from 8 years old.
- ✓ Duration following selected section, until 12 days.
- ✓ Simple rent of a donkey.
- ✓ Camping ou camping in wilderness, accommodation in some stages if you want.
- ✓ Starting point and end : you can choice.
- ✓ Altitude 700-2500m.
- ✓ July-August.
- ✓ Dogs allowed

The Path of the Cathars was of XI<sup>th</sup> at the XVI<sup>th</sup>, an important economic axis between the County of Foix and Catalonia. Last Cathars into exile, fleeing prison, theft and death, used naturally this way to seek refuge in Catalonia. Following this cross-border route, you go through the same paths and discover the same landscapes that these men and women pursued by the Inquisition.

Arranged jointly by the Ariège and Catalonia, the GR No. 107, marked in red and white colours, connects Foix to the small Spanish town of Berga in a dozen days. The French side who share Foix, provides 8 steps with accommodation (refuge or gîte d'étape) to Roquefixade, Montsegur, Comus, the Chioula, Orlu, Mérens, L'Hospitalet-près-l'Andorre and Porta.

After Porta, the road crosses the border to White Portelle located at 2500 m height which marks the boundary between France, Spain and Andorra. The tent becomes necessary, the accommodation is too far .

The Spanish part of the trail passes by Bellver de Cerdanya, Baga, Gisclareny, Gosol, Casanova and Queralt, Berga.

For information on the GR 107 "Bonshommes' Way", you can visit websites dedicated to him:

<http://www.chemindesbonshommes.com>

<http://www.sentiers-pyreneens.com>

If you want to go all or part of this route, we can prepare a quote, especially for the transport of donkeys. The table below gives you an overview of the cost of transportation, rather important because of passing the two toll tunnels Puymorens and Cadi.

From UNAC to	Price for kilometers	Tunnel toll	Global price
<b>FOIX</b>	70 kms x 1,10 € = 77 €		<b>77 €</b>
<b>PORTA</b>	80 kms x 1,10 € = 88 €	Puymorens tunnel 26 €	<b>114 €</b>
<b>BAGA</b>	200 kms x 1,10 € = 220 €	Puymorens tunnel 26 € Cadi tunnel 50 €	<b>296 €</b>
<b>BERGA</b>	240 kms x 1,10 € = 264 €	Puymorens tunnel 26 € Cadi tunnel 50 €	<b>340 €</b>

### Simple rent of a donkey

#### Map

You have to buy the roadbook « Sur les traces des Cathares, Le Chemin des Bonshommes » before you come.

#### Price 2018

Rent of a donkey with its pack-saddle, rope and bags. A donkey carries 40 kg, the luggage of 2 or 3 people.

<b>12 days</b>	<b>514 €</b>
10 days	439 €
8 days	363 €
7 days	<b>325 €</b>
Transportation of donkey	<b>Cf table above</b>

<b>Donkey 2 : -10%</b>
<b>Donkey 3 or more : -15%</b>

For more information: +33(6).85.34.20.22 or [contact@la-ferme-aux-anes.com](mailto:contact@la-ferme-aux-anes.com)  
You have to fill the [form](#) to book and to do a transfer bank of 30% of the price.