

- **DIFFERENT STAGES**

From that trip, you can easily imagine an easier walk, once every two days, move to another spot and walk from there.

- **ACCOMODATION**

Genuine accomodation is available every day, gite or refuge, either bedrooms or 4 to 6 beds small dormitories.

A donkey park is set near by. Booking is compulsory to make sure, otherwise carry a tent in case.

You can also camp in the neighbourhood of the refuge. Sometimes, you can be charged for sanitary use and common room. Camping in the wild is always possible in that area and we shall indicate some nice places.

- **MAPING**

1/25 000 TOP 25 map reference AX LES THERMES 2148 ET (INSTITUT GEOGRAPHIQUE NATIONAL edition) is compulsory.

- **PRICE 2012**

- **One week hire/one donkey** including only the donkey, its pack-saddle and bags.

Accomodation and maps will be priced separately

6 days: 259 euros      7 days: 294 euros

Add the transportation of the donkeys: 54 Euros

–second donkey:–10% –third donkey:–15%.

- **Global price with half board** including the donkey, its pack-saddle and bags, accomodation, transportation of the donkey and maps.

**half-board (night+breakfast+evening meal)**

6 days and 5 nights: adult: 393 € - kids 4 to 10 years:307 €- kid less 4 years: 261 €

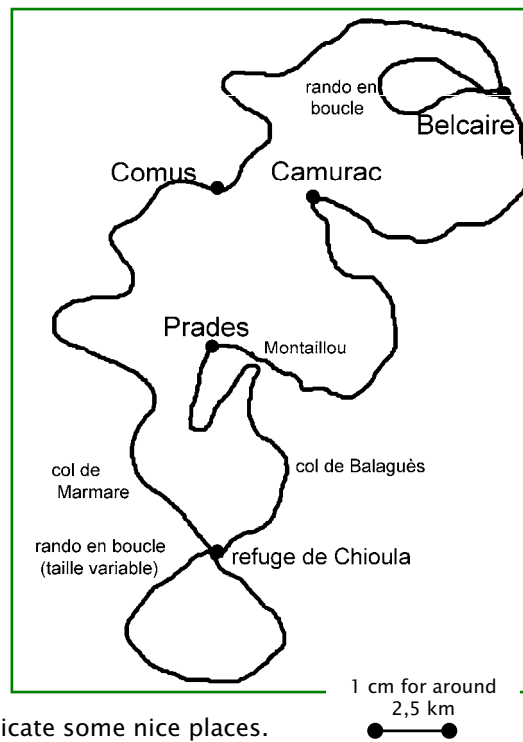
7 days and 6 nights: adult: 460 € –kids 4 to 10 years:356 €- kid less 4 years: 301 €

**half-board + picnic** *Picnic day 1 is not included*

6 days and 5 nights: adult: 453 € - kids 4 to 10 years:358 €-kid less 4 years: 312 €

7 days and 6 nights: adult: 533 €- kids 4 to 10 years:417 € - kid less 4 years: 362 €

5 persons and more: –10%. 10 persons and more :-15%



# Sault Land Belvederes



## TECHNICAL LEAFLET

This trip is ideal for families wanting an easy walk : often on a pastoral path or forest trail (no big heights), young kids can stay on the donkeys' back.

Short walk every day.

- **Accomodation or tent**

You will cross the wide Sault Plateau, scattered with red-tile roofed hamlets. You will come across the tiny Aillou region, a 1200 m high plateau which shelters four villages; among them Montailou is dominated by the sparse walls of its castle.

- **Easy walk**

- **6 or 7 days**

- **Starting point**

**Prades**

Finally, you will reach the grassy mountains and forests of the soft Chioula Plateau. . Prades village is both the starting point and the end of the trip.

- **End of walk**

**Prades**

**LA FERME AUX ÂNES** 09250 UNAC Ariège Pyrénées

tel : 05.61.64.44.22/ fax : 05.61.01.71.39/helene@ la-ferme-aux-anes.com /www.la-ferme-aux-anes.com

## •TRIP DESCRIPTION

### ● DAY 1: from PRADES (1250 m) to CAMURAC (1200 m) by the mountain

Your first step is Camurac, village with only a main street dotted with huge water troughs. Depending on the weather, health, departure time, you can reach it very quickly (1h30) through the plateau, with almost no elevation.

If the weather is good and everybody good walkers, you can go through peaks at 1600 m altitude with a beautiful view . This first step needs around 4-5hours :12 km long, from 1200m to 1700 m hight.

You can sleep and eat in stage lodging La Marmite, where awaits Michel. Tel 04 68 20 73 31.

<http://www.gites-camurac.com>. Grocery

### ● DAY 2: from CAMURAC (1200m) to BELCAIRE (1000 m)- 3 hours>

You cross the small Aillou plateau dominated by Montailou. Even if the ruins of its castle are scarce, the 20 inhabitants village is well-known history.Pamiers bishop, Jacques Fournier , a very famous inquisitor (and ethnologist beforehand), left many registers in which he recorded the village inhabitants' testimonials. Taking those documents as a basis that accurately described the life of lower and modest classes, Emmanuel Leroy Ladurie wrote his history book «Montailou, village occitan ».

You go to Belcaire , in the heart of the Plateau de Sault. Hôtel 04 68 20 31 05 .Village camp site .All shops. Providing

### ● DAY 3: a day at BELCAIRE (1000 m)

Belcaire Pond is reserved each afternoon for swimming and it always enjoys walkers. You will spend a pleasant day there: bathing and walking to discover the landscape around the village.

### ● DAY 4: from BELCAIRE (1000 m) to COMUS (1200 m)-3 hours

Along wide pastoral and forestry tracks, you will reach Comus, a charming village, where you'll meet Anne and her excellent welcome in her gite.You go to the belvedere overlooking the Montsegur castle and Gorges de la Frau Gîte .Tel 04 68 20 33 69 .<http://www.gites-comus.com>. no grocery

### ● DAY 5: from COMUS (1200 m) to REFUGE DE CHIOULA (1600 m)-5 hours

You walk through mountain pastures and forests, going to Chioula refuge and its magnificent panorama of the Pyrenean peaks.

Chioula refuge. 05 61 64 06 97 <http://www.refugeduchioula.com>. Camping possible nearby .

### ● DAY 6 : Walk around CHIOULA REFUGE

Right in the middle of the forests and the pastures, Chioula refuge is the starting point of many easy walks . On one side you are above the Ariège Valley, with Sault Plateau on the other side, surrounded by beautiful landscapes.

### ● DAY 7 : from CHIOULA REFUGE (1600 m) to PRADES ( 1250 m)-4 hours

Following GR107, by the col de Balaguès, allong paths, bordered with blueberries and raspberries, you will reach Prades,your starting point.

